## **Guidelines for Indoor Recess**

The onsite administrator should consider indoor recess when the following conditions exist:

Temperatures are less than 20 degrees including wind chill

Air Quality standards set forth by the Utah Department of Health

The air quality guidelines and current conditions can be obtained at

<a href="http://health.utah.gov/asthma/">http://health.utah.gov/asthma/</a> or <a href="http://www.airquality.utah.gov/">http://www.airquality.utah.gov/</a>

Wind, rain, freezing rain, snow, sleet, hail – Any time the principal feels it is in the best interest of the children.

Conditions of Playground

Blacktop condition

Ice build up

Snow build up

Frozen fall material in big toys

Ice and snow build up on play apparatus

Supervision availability: Indoor activities must have the same standard of supervision as regular classroom activities.

The decision to keep our students indoors is made based on a site evaluation of the conditions at the facility by the School Principal. Input for this decision could come from, administrative interns, support services staff, school nurse, PTA, Joint staff, school directors and the Risk Management Dept.

Suggestions for Indoor activities:

Board and card games, marbles, jacks, computer games, hangman, tic tac toe, reading.

Remember that students must be supervisied during indoor activities/recesses.

Please contact the Risk Management Dept. or your School Director if you have questions.